



HEALTHY KIDS DAY[®]

Get the Recipe for a Healthy Kid!

RECIPE FOR A HEALTHY KID



INGREDIENTS & STEPS

- 1. Start with a tummy full of healthy food 
- 2. Stir in a cup of physical activity 
- 3. Add a tablespoon of laughter 
- 4. Mix in a pinch of curiosity 
- 5. Sprinkle with a dash of fun! 

SUMMER CAMP & PROGRAM REGISTRATIONS

- Day Camp
- Specialty Camps
- Swim Lessons
- Youth Sports

RAFFLES TO WIN A FREE PROGRAM SESSION!

For more information, call 941-798-9622.

JOIN THE Y ON HEALTHY KIDS DAY & SAVE UP TO \$75

HEALTHY KIDS DAY IS HERE! APRIL 24

FREE COMMUNITY EVENT

ACTIVITIES FROM 10 AM TO 2 PM

- Story Time
- Obstacle Courses
- Raffles and Giveaways
- Sports Skills and Drills
- Pool Safety Tips
- Swim Test Evaluations
- Sample Group Ex Classes
- Family Group Ex Classes
- Games
- Vendors
- Job Fair/Volunteer Opportunities
- and much more!

West Bradenton YMCA
 3805 59th Street West
 Bradenton, FL 34209
 941.798.9622

Lakewood Ranch YMCA
 5100 Lakewood Ranch Boulevard
 Bradenton, FL 34211
 941.798.9622

