



SOAR JANUARY 2018

LAKWOOD RANCH BRANCH

LAKWOOD RANCH WEEK 1

	MONDAY 1ST	TUESDAY 2ND	WEDNESDAY 3RD	THURSDAY 4TH	FRIDAY 5TH
12:00		MOVIE AND SOCIAL TIME		FITNESS	
1:00				CRAFT – Q TIP FLOWERS	
2:00		LIFE SKILLS – MAKING A SALAD		BINGO	
3:00		FITNESS		SHOW AND TELL	
3:30				CLASS - YOGA	

LAKWOOD RANCH WEEK 2

	MONDAY 8TH	TUESDAY 9TH	WEDNESDAY 10TH	THURSDAY 11TH	FRIDAY 12TH
12:00		MOVIE AND SOCIAL TIME		FITNESS	
1:00				CRAFT – CD FISH	
2:00		LIFE SKILLS – KITCHEN SAFETY		CORN HOLE	
3:00		FITNESS		SHOW AND TELL	
3:30				CLASS - STRENGTH	

LAKWOOD RANCH WEEK 3

	MONDAY 15TH	TUESDAY 16TH	WEDNESDAY 17TH	THURSDAY 18TH	FRIDAY 19TH
12:00		MOVIE AND SOCIAL TIME		FITNESS	
1:00				CRAFT – BABY WIPE TIE DIE ART	
2:00		LIFE SKILLS – PERSONAL HYGIENE		BINGO	
3:00		FITNESS		SHOW AND TELL	
3:30				CLASS - YOGA	

LAKWOOD RANCH WEEK 4

	MONDAY 22ND	TUESDAY 23RD	WEDNESDAY 24TH	THURSDAY 25TH	FRIDAY 26TH
12:00		MOVIE AND SOCIAL TIME		FITNESS	
1:00				CRAFT – POPSICLE DRAGON FLY	
2:00		LIFE SKILLS – TAKING THE GARBAGE OUT		UNO	
3:00		FITNESS		SHOW AND TELL	
3:30				CLASS - STRENGTH	

LAKWOOD RANCH WEEK 5

	MONDAY 29TH	TUESDAY 30TH	WEDNESDAY 31ST	THURSDAY	FRIDAY
12:00		MOVIE AND SOCIAL TIME			
1:00					
2:00		LIFE SKILLS – MAKING A BED			
3:00		FITNESS			
3:30					