

# MANATEE YMCA JOB OPENINGS EFFECTIVE NOVEMBER 17, 2017

## PARRISH BRANCH

(All Jobs are Part-Time unless otherwise noted)

### Sports Lead

This lead position assists the Program Director in the development, organization and implementation of high quality Y programs in a safe and effective manner, providing guidance and encouragement to a variety of members and program participants while modeling the core values of the Y. Position directs and supervises program activities to meet Y objectives. Develops, schedules and directs staff and volunteers as needed following set policies and procedures. Assist the Program Director with reviews and staff performance evaluations annually. Establishes new program activities and expands existing programs in accordance with strategic and operating plans. Motivates staff and/or volunteers to achieve program goals and maintaining the Y standard of customer service. Assist Program Director with program marketing and information distribution. Coordinates use of the facilities for program activities. Compiles program statistics. Monitors and evaluates the effectiveness of and participation in programs with the Program Director. Exercise self-motivation and reliability to ensure proper follow-up to the Program Director on program matters. Must be able to delegate appropriate responsibilities to assisting staff and/or volunteers in order to accomplish required tasks.

- o Must be at least 21 years of age with related experience.
- o Must have strong organizational skills, written and oral communication skills and computer skills.
- o Able to coach, train and teach skills in youth and adult sports including but not limited to: Basketball, Soccer, Flag & Tackle Football.
- o Must have the ability to process confidential information through a firm understanding of the branch chain of command.
- o Must be professional in appearance, following the dress code and wearing staff ID or name badge.
- o Must be dependable and reliable.
- o Must be able to pass background and drug screening.
- o Must have current CPR/AED-Pro and First Aid certification or complete within 30 days of hire.
- o Must complete required Redwoods Risk Management online training and attend New Hire Orientation within 30 days of hire.

### Fitness Coach

YMCA Fitness Coaches are need for the opening hours (5:45am-9:00am) and closing hours (6:00pm-9:00pm) but have open availability to cover other shifts. As a Fitness Coach you will engage new members and follow them through their initial twelve weeks of exercise. You'll set goals, design individualized exercise program based on each member's age and fitness level, educate the member on general fitness principles for healthy living and monitor progress.

You are responsible for the member's safety, track their appointments, document progress and meet weekly with the fitness director on member's progress. Must be professional, dependable and able to enforce and adhere to all rules and regulations of the fitness center and training policies.

- o Knowledge of basic fitness principles, anatomy and physiology.
- o Know how to take blood pressure, measurements and calculate target hear rate.
- o Must exemplify a healthy lifestyle, have a professional appearance, be punctual and reliable.
- o Have a positive, upbeat attitude.
- o Must be able to work with a variety of clients and those with special medical concerns.
- o Able to pass a background & drug screening.
- o Must be able to complete the following training within 30 days of hire:
  - o YMCA Foundations of Strength & Conditioning or have current Personal Training Certification.
  - o YMCA Healthy Lifestyle course.
  - o Fitness Instructor Training with Fitness Director.
  - o Activtrax Training (online).
  - o Able to pass background and drug screening.
  - o Have current CPR/AED Pro and First Aid certification or complete within 30 days of hire.
  - o Must complete Redwoods Risk Management online training and attend New Hire Orientation within 30 days of hire.

## GEX – ZUMBA

Certified ZUMBA instructor needed with open availability but mainly Saturday classes. Must be able to relate to members and class participants in a customer service, team oriented environment. Be able to motivate and express genuine concern and interest for members. Be enthusiastic and have a positive attitude about the Y, its members and other Y employees. Classes must adhere to the YMCA basic exercise standards and guidelines and exemplify a healthy lifestyle.

- o Must have a minimum ZUMBA Basic certification and hold current GEX certification through AFAA Primary Group Exercise or ACE or YMCA Foundations of Group Exercise. If no GEX certification, must complete within 60 days of hire.
- o Direct experience teaching hired format.
- o Must be able to relate to members & class participants in a customer service, team oriented environment.
- o Must be able to work with all types of individuals while carrying out the YMCA core values of honesty, caring, respect & responsibility.
- o Must be dependable & flexible.
- o Able to pass a background & drug screening.
- o Must have current CPR/AED-Pro & First Aid certification or obtain within 30 days of hire.
- o Must complete required Redwoods Risk Management training and attend New Hire Orientation within 30 days of hire.

### HOW TO APPLY

If you do not have prior formal work experience, other life experience can be entered under the employment data. Have you done any volunteer work? Do you help with Bible classes at your church? How about school events or projects? As for references, you'll want to use someone like your teacher, minister, social group leader and at least one family member.

**All applicants must be able to pass background and drug screening.**

Submit completed Y employment application (found on the Employment page of our web site or at the branch) to the appropriate contact listed below. You may email, mail or drop off your application. No phone calls please.

Aquatics: Parrish Y Seasonal Pool (May to September) is located at Cross Creek:  
4000 Creekside Park Drive, Parrish

Courtney Hancock  
[chancock@manateeymca.org](mailto:chancock@manateeymca.org)  
5100 Lakewood Ranch Blvd.  
Bradenton, FL 34211

Fitness:

Amy Skillman  
[askillman@manateeymca.org](mailto:askillman@manateeymca.org)  
12214 US 301 North  
Parrish, FL 24219

All Others:

Jamie Rusnak  
[jrusnak@manateeymca.org](mailto:jrusnak@manateeymca.org)  
12214 US 301 North  
Parrish, FL 34219