



Y ARTS

Ballet, Tap, Hip Hop, Jazz, Tumbling, Aerial Kids Classes!



Register now at the branch or online!

Programs Held at: Bradenton Branch, 3805 59th St. W.

Registration : On-going, monthly

Members- begins the 15th of each month for the next month classes

Non-members- begins the 22nd of month for the next month classes

Monthly Fees:

Member \$35.00 Non-member \$63.00

Meet the Instructor and the Program:

GLEICE RIBEIRO GILLET- Instructor

Ms. Gleice has extensive experience as a professional dancer, dance teacher, and aerialist. Originally from Rio de Janeiro, Brazil, she studied dance there with the Maria Olenewa State School of Dance. She continued her education through workshops with the Broadway Dance Center, Steps on Broadway, Boston Ballet, Grand Rapids Ballet, Houston Ballet, Joffrey Ballet and Hubbard St. Dance. She went on to perform professionally in both live and television performances and went on to tour with Ringling Bros. and Barnum & Bailey Circus as a Dancer/Aerialist for ten years. She has also been teaching Ballet and Jazz to students of all ages for the past 15 years. In February 20th, 2016 Ms. Gleice got her American Ballet Theatre Teacher Certification which permitted her to teach the ABT National Training Curriculum from Pre-Primary to Level 3.

The American Ballet Theatre National Curriculum is a breakthrough 8 level program that combines high quality artistic training with the basics of a dancer health and child development. The ABT consists of a comprehensive set of age-appropriate, outcome-based guidelines to provide the highest quality training to dance students of all ages and skill levels. The ABT encourages the ballet principles of correct posture, placement, musicality and coordination.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		3:45 – 4:45pm (H) Aerial Advanced (By invitation only) (12-16 Yrs)		Participants must have proper attire to participate and please be on time to class;
	4:30-5:15pm(H) Aerial Kids Beginner (7-14yrs) Ms. Gleice	4:45-5:30pm (H) Aerial Kids I (8-14 yrs) Ms. Gleice	5:00-5:30pm (H) Creative Movement (2-3 yrs) Ms. Gleice	Parents are not permitted to stay in the classroom; Parents may wait in the member’s lounge
5:00-6:00pm (H) Ballet I (5-7 yrs) Ms. Gleice	5:15-6:15pm (H) Aerial Kids IC (8-14 yrs) Ms. Gleice	5:30-6:30pm (H) Aerial Kids IB (8-14 yrs) Ms. Gleice	5:30-6:15pm (H) Pre-Ballet (4-5 yrs) Ms. Gleice	4:30-5:15pm (H) Tumble Tots (3-5 yrs) Ms. McMahon
6:00-7:00pm (H) Ballet/Tap (5-7 yrs) Ms. Gleice	6:15-7:15pm (H) Aerial Kids II (8-14 yrs) Ms. Gleice	6:30-7:30pm (H) Aerial Kids II Adv (8-14 yrs) Ms. Gleice	6:15-7:15pm (H) Ballet II (8-12 yrs) Ms. Gleice	5:15-6:00pm (H) Tumble (6-9 yrs) Ms. McMahon
		7:30-8:15pm (H) Aerial Kids Beginner2 (7-14 yrs) Ms. Gleice	7:15-8:15pm (H) Hip Hop/Jazz (6-10yrs) Ms. Gleice	CLASS LOCATION H= Hossack Room Y= Yoga Room U= Upstairs Room

CLASS DESCRIPTIONS:

- **PRE-BALLET (3-5 yrs)** - Ballet etiquette and basics such as classical ballet terminology, positions, and movements are introduced in a structured yet fun environment. Basic coordination and gross motor skills are improved while exploring tempo, level, and shape while using props and innovative activities.
- **BALLET/TAP COMBO (5-7 yrs)** - students will learn fundamentals of ballet terminology, positions, and steps to classical music. In the second half of class they will learn basic tap steps & combinations.
- **BALLET I (5-7 yrs) & BALLET II (8-12 yrs)** - This class focuses on posture, body alignment and placement; as they play a key role in laying the foundation of classical technique. Specific steps and combinations to various rhythms help the dancer to develop a strong sense of musicality. These exercises also help the dancer to develop the memorization skills needed to master choreography.
- **HIP HOP/JAZZ (6 -10yrs)** - lots of high energy fun! Learn various styles of Hip Hop & Jazz.
- **TUMBLETOTS (Ages 3-5 yrs)** – the perfect class for your energetic preschooler! Children will improve motor and socialization skills while participating in beginning tumbling, stretching, and creative games using mats, hula-hoops, and balance beam.
- **TUMBLE (6-10 yrs)** - is a safe introduction to basic tumbling skills while building strength and increasing flexibility.
- **CREATIVE MOVEMENT (2-3 yrs)** -Introduction to movement, rhythm, and music through the imagination of 2 -3-year-old aspiring dancers. This class features elements of dance, basic coordination, motor skills and most importantly opportunity to creatively express themselves.
- **AERIAL KIDS (7-14 yrs)** - Using an aerial hoop (also called lyra) students will learn the various techniques to enter and exit the hoop along with conditioning, strength, and flexibility exercises. Aerial Hoop classes include a warmup, strength training, focusing on core and lower abs, conditioning tips, and stretching. It will help you increase flexibility, stamina, and core strength. All classes are taught over safety mats with hands on spotting by an experienced aerial instructor. Our emphasis on safety and proper technique allows students to have loads of fun while learning body awareness and building self-confidence. Class size is limited to 6 students for more individualized instruction. The placement in the classes is by skill level and not by age.

Contact Information:

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