



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Welcome to the Manatee YMCA!

We look forward to having you as a member, providing programs and facilities to you and your family to help fulfill our mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

### THINGS TO KNOW:

- A Program Brochure is provided to our members three times per year. Make sure and check it out! We will introduce NEW programs throughout the year.
- Not sure how to use our fitness equipment? Need assistance? All new members receive 2 FREE Orientations in the Fitness Center provided by a Fitness Coach.
- Do you need assistance and motivation in your workout program to achieve your fitness goals? Sign up for the FREE "12 Weeks to a New You" program at the Welcome Center.
- Our FREE Group Exercise Classes are drop in programs. Exceptions; Cycling, TRX and SurfSet which allow only a certain amount of people. Check with the Fitness Center for how to sign up for those classes.
- Members receive priority registration for our programs. Register at the Welcome Center or online at [www.manateeymca.org](http://www.manateeymca.org). Don't hesitate to call 798-9622 for assistance, if needed.
- If you are a Bank Draft member, please make sure you have completed the Bank Draft Authorization Form. This is not required at sign up but must be completed and returned to your Y at next visit. Once we have received the form if not at sign up, your ID card will be printed.
- Your ID card gains you access to three branches in Manatee County. You may also download a FREE application called "Key Ring" to place your ID bar code on your smart phone.
- Our members who live in Manatee County may use selective local Y's at no charge. Stop by the Welcome Center if you need more information.
- If you have joined as an individual and want to add a family member to your membership, simply stop by the Welcome Center to complete a "change form". There is a \$25 upgrade fee paid at the Welcome Center.
- Even though we never want to see you go, sometimes our members cancel their membership. PLEASE NOTE CANCELLATION FOR A BANK DRAFT MEMBERSHIP REQUIRES A MINIMUM 30 DAYS NOTICE. Annual memberships are non-refundable.



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